

Braided Headband

Yarn

Worsted Medium weight (10WPI), approx. 70 yards.

Needles

US #9 (5.5 mm)

Gauge

18 sts, 28 rows in 4"

Size

Blocked 19"

Notions

Tapestry needle

Construction Notes

The headband is worked back and forth.

We start with a provisional cast on to join at the end both ends with a Kitchener bind off. I am providing links for reference to Provisional cast on, Kitchener and Cabling tutorials.

Definitions

rs – right side

ws- wrong side

k- knit

p- purl

m1l- make one left

m1r- make one right

sm - slip stitch marker

pm - place stitch marker

k2tog – knit two together.

ssk – slip two stitches as if to knit, then knit those 2 stitches together.

C8B- Cable 8 back (Slip next 4 stitches onto cable needle and hold back of work, knit next 4 stitches from left hand needle, then knit the 4 stitches from the cable needle.

C8F- Cable 8 front (Slip next 4 stitches onto cable needle and hold at front of work, knit next 4 stitches from the left-hand needle, then knit the 4 stitches from the cable needle.

Difficulty Beginners.



Using scrap yarn, same weight as the yarn you want to use for the headband, cast on 10 stitches with provisional cast on method. Change to your yarn and knit one round, purl one round.

Increase rows

Row 1 (rs): k1, m1r, k1, m1r, knit to the last 2 stitches, m1l, k1, m1l, k1. (14 stitches)

Row 2 (ws): purl all.

Repeat row 1 and 2 four more times (30 stitches total).

Set row

Row 1(rs): p2, k3, p2, pm, k16, pm, p2, k3, p2.

Row 2(ws): k2, p3, k2, sm, p16, sm, k2, p3, k2.

Cable Pattern

Row 1: p2, k3, p2, sm, c8b, c8f, sm, p2, k3, p2.

Row 2: k2, p3, k2, sm, p16, sm, k2, p3, k2.

Row 3: p2, k3, p2, sm, k16, sm, p2, k3, p2.

Row 4: k2, p3, k2, sm, p16, sm, k2, p3, k2.

Row 5: p2, k3, p2, sm, k16, sm, p2, k3, p2.

Row 6: k2, p3, k2, sm, p16, sm, k2, p3, k2.

Repeat rows 1-6 until it measures 16" or 15 braid repetitions.

Finishing

Remove stitch markers as you knit one round and purl one round all stitches.

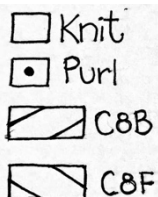
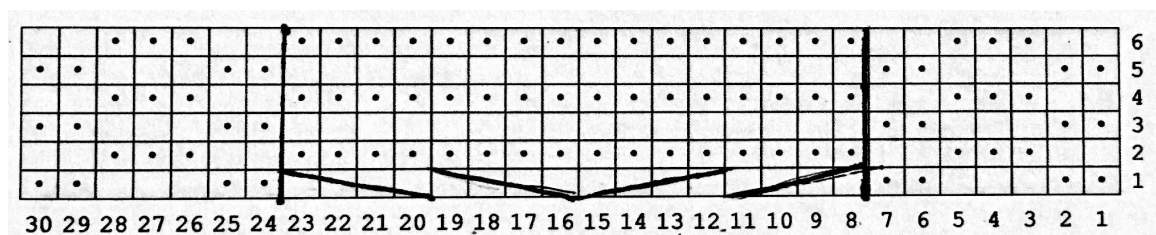
Row 1: k1, k2tog, k1, k2tog, knit until 6 stitches are left, ssk, k1, ssk, k1. (26 stitches)

Row 2: purl all.

Repeat rows 1 and 2 four more (10 stitches left). Don't purl the last row so that you will stay on the wrong side to join both ends. Before you join your ends block your headband. Set the live stitches in a stitch holder while you block the headband. Once you have blocked the head band remove the stitch holder and set the live stitches back on to your needles.

It's time to join both ends. Remove waste yarn from the cast on edge and set each live stitch onto the spare circular needle.

Next, line up the ends of the headband making sure the work is not twisted. Using the tapestry needle, graft together your live stitches using Kitchener stitch.



Links

Provisional cast on: <https://www.youtube.com/watch?v=-irRySJHCKE&t=201s>

Kitchener stitch: <https://www.youtube.com/watch?v=-nlWKvrGp-4>

How to do cables: <https://www.youtube.com/watch?v=QG3E1-paclo>